

Perform - Chapter ten

Performance requires 3 elements:

- **The performer**
- **The audience**
- **The product**

You ARE the star performer!

What will you wear? How will you do your hair? Carefully consider your options. How does someone performing in your art form typically look?

Copy them or choose to do the opposite.

What matters is that you consciously decide on your appearance.

Who will witness the BIG reveal?

Who comprises your audience? Yourself? Your mentor? Close friends? An anonymous public?

Reflect on all four.

The product- YOUR ART!

What is your product? A short story or poem? A painting? A garment? A floorplan or gardenscape? A monologue? An end table or vase? A bowl of soup?

The product takes second place to the performance OF the thing.

The act of performing intensifies all of your art making.

Take the time to enjoy the moment. You've got this!

And this is just the FIRST of many more performances.



Resources to accompany the process book

Do Your ART! 10 Simple Steps to Enhance Your Creativity and Elevate Your Mood

More information at www.doyourart.org

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